FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					Issuer Name and Ticker or Trading Symbol LAINS GP HOLDINGS LP [PAGP]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title X Other (specify							
					Pate of Earliest Transaction (Month/Day/Year) 23/2019							below) X below) See Remarks							
(Street) HOUSTON TX 77019					4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person X Form filed by More than One Reporting Person							
(City) (State) (Zip)																			
Table I - Non-Derivative S						quired,	Dis				-					7. Notore of			
1. Title of Security (Instr. 3) 2. Tran Date (Month				Date	/Day/Year) if		Exec if an	2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Code (Instr. 8)		4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 a			and 5) Securities Beneficially Owned Foll Reported		Form:	nership Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
								Code	v	Amount	(0)		Price	(Instr. 3 an	ransaction(s) nstr. 3 and 4)				
Class A Sl					5/28/2019 5/28/2019				J ⁽⁶⁾ S ⁽⁶⁾			7,328,291 A 7,328,291 D		⁽⁶⁾ \$23.1	7,328,291 ⁽⁷⁾			D D	
			Table II -				curi	ties Acqu		Disp									
4 714 4	0	0 -		(e.g.,	puts	s, ca	lls, v	warrants,	optior	ns, c	convertib	le se	ecurit	ies)				40	44 Notes
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	Co	ansac ode (Ir	tion 1str.	Deri Secu Acqu Disp	umber of vative urities uired (A) or osed of (D) r. 3, 4 and	rities (Month/Day/Year) Derivative Sec ired (A) or used of (D) Derivative Sec		nderlying ecurity	8. Price of 9. Numb Derivative derivati Security Securiti (Instr. 5) Benefic Owned Followin Reporte		ative Ownership rities Form: ficially Direct (D) ed or Indirect wing (I) (Instr. 4		Beneficial Ownership t (Instr. 4)			
				Co	ode	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title		ount or nber of res		Transact (Instr. 4)			
Class A Units/Class B Shares/GP Units ⁽¹⁾	(1)	05/23/2019		J ⁽²	!)(3)			4,013,478	(1)		(1)	Class A Share	4,0	013,478	(1)	41,618,0	643 ⁽⁷⁾	D	
Class A Units/Class B Shares/GP Units ⁽¹⁾	(1)	05/23/2019		J ⁽⁴	I)(5)			19,890,113	(1)		(1)	Class A Share	19,	890,113	(1)	21,728,5	530 ⁽⁷⁾	D	
Class A Units/Class B Shares/GP Units ⁽¹⁾	(1)	05/28/2019		ار	(6)			15,507,575	(1)		(1)	Class A Share	15,	507,575	(1)	6,220,9	55 ⁽⁷⁾	D	
1. Name and Address of Reporting Person [*] <u>EMG Investment, LLC</u>										*				*		*	,		
(Last) (First) (Middle) C/O THE ENERGY & MINERALS GROUP, LP 2229 SAN FELIPE STREET, SUITE 1300																			
(Street) HOUSTC	N	ТХ	77019)															
(City)		(State)	(Zip)																
1. Name and Address of Reporting Person [*] NGP MR Management, LLC																			
(Last) (First) (Middle) C/O THE ENERGY & MINERALS GROUP, LP 2229 SAN FELIPE STREET, SUITE 1300																			

(Street)
HOUSTON

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77019

(City)	(State)	(Zip)	

Explanation of Responses:

1. Pursuant to the limited partnership agreement of Plains AAP, L.P. ("AAP"), each limited partner of AAP, including EMG Investment, LLC ("EMG"), has the right, at any time and from time to time, to immediately exchange (the "Exchange Right") its Class A Units") in AAP, together with a like number of Class B shares representing limited partner interests ("Class B Shares") in Plains GP Holdings, L.P. (the "Issuer") and Units ("GP Units") in PAA GP Holdings LLC, for Class A shares representing limited partner interests ("Class A Shares") in the Issuer on a one-for-one basis. The Exchange Right does not expire and may be settled in cash by AAP.

2. On May 23, 2019, in lieu of exercising the Exchange Right, EMG redeemed, in accordance with its right pursuant to the limited partnership agreement of AAP (the "Redemption Right"), 4,013,478 Class A Units for common units ("PAA Common Units") of Plains All American Pipeline, L.P. ("PAA") held by AAP on a one-for-one basis, by delivering such Class A Units to Plains AAP along with the associated Class B Shares and GP Units to the Issuer. Immediately following such redemption, EMG distributed to certain of its members, in-kind and on a pro rata basis based on their ownership interests in EMG, the PAA Common Units received in such redemption. Each member receiving such PAA Common Units to bound by a lock-up, which restricts the sale of such PAA Common Units

3. (i) in any amount prior to the 61st day following the date of redemption, (ii) in an amount exceeding 1/3 of the PAA Common Units distributed to such Member prior to the 121st day following the date of redemption, and (iii) in an amount exceeding 2/3 of the PAA Common Units distributed to such Member prior to the 181st day following the date of redemption.

4. On May 23, 2019, EMG distributed to certain of its members, in-kind and on a pro rata basis based on their ownership interests in EMG, bundled interests comprising Class A Units, Class B Shares and GP Units. Pursuant to the limited partnership agreement of AAP, the members to whom such bundled interests were transferred will have an Exchange Right and a Redemption Right with respect thereto. Each member receiving such bundled interests is bound by a lock-up, which restricts the sale of PAA Common Units or Class A Shares into which such bundled interests are convertible (i) in any amount prior to the 61st day following the date of redemption,

5. (ii) in an amount exceeding 1/3 of the PAA Common Units or Class A Shares into which the bundled interests distributed to such Member are convertible prior to the 121st day following the date of redemption, and (iii) in an amount exceeding 2/3 of the PAA Common Units or Class A Shares into which the bundled interests distributed to such Member are convertible prior to the 181st day following the date of redemption.

6. On May 28, 2019, EMG elected to exchange 7,328,291 Class A Units, together with a like number of Class B Shares and GP Units, for Class A Shares on a one-for-one basis pursuant to the Exchange Right. In addition, in lieu of exercising the Exchange Right, EMG requested redemption of 8,179,284 Class A Units in exchange for PAA Common Units on a one-for-one basis pursuant to its Redemption Right. EMG has agreed to sell the Class A Shares and PAA Common Units it will receive pursuant to such election to exchange and request for redemption in multiple transactions exempt from registration under Rule 144 of the Securities Act of 1933, as amended, at a price of \$23.10 per Class A Share or PAA Common Unit, a applicable. Following the completion of such sales, EMG will distribute the proceeds thereof to its remaining members on a pro rata basis.

7. Beneficial ownership of the Class A Shares, Class A Units, Class B Shares and GP Units referred to herein is being reported hereunder by NGP MR Management, LLC solely because NGP MR Management, LLC may be deemed to beneficially own such Class A Shares, Class A Units, Class B Shares and GP Units as a result of its status as the designated manager of EMG. NGP MR Management, LLC disclaims beneficial ownership of the securities held by EMG except to the extent of its pecuniary interest therein.

Remarks:

John T. Raymond currently serves as the representative of EMG Investment, LLC on the board of directors of the managing partner of the Issuer. John T. Raymond is the Chief Executive Officer of NGP MR Management, LLC, which is the manager of EMG Investment, LLC. As such, EMG Investment, LLC and NGP MR Management, LLC may each be deemed a director of the Issuer. The filing of this Statement shall not be construed as an admission that any Reporting Person is, for purposes of Section 13(d) of the Securities and Exchange Act of 1934, as amended, the beneficial owner of any security.

<u>/s/ John T. Raymond</u>	05/28/2019
** Signature of Reporting Person	Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.